



Welcome

In this Summer issue we focus on the new and exciting project to raise funds for the About Face Centre, which is to be a building incorporating a new surgical practice suite and medical research support facility. This venture is gathering momentum with the impending launch of the Butterfly Appeal described here in detail by Appeal Director, Ian Catley.



the
Butterfly Appeal
for ABOUT FACE
thebutterflyappeal.com

The Butterfly Appeal launch date announced!

by Ian Catley

TRUSTEES GO FOR £250,000 TO CREATE ABOUT FACE CENTRE

IT is with some pride and a little trepidation that the trustees of About Face have agreed to press the green GO button to raise the money over the next 18 months with a view to creating a permanent About Face Centre in Poole. I have the privilege to have been appointed to lead the new Appeal and to work closely with the Trustees and all of you who read this newsletter. The great new fundraising project will be called **the Butterfly Appeal**, and has a fixed period between the launch in September 2005 and March 31st 2007.

In that time, we hope to multiply awareness of About Face and our cause of supporting people who have or have had cancer of the head and neck together with their families and carers. In order to do this, and to raise the quite big sum involved, £250,000, we have to encourage everyone to feel wanted, useful and involved.

For this reason **the Butterfly Appeal** will offer anyone, young or older, many opportunities to either take part in one of our professionally organised events, or to create their own fundraising.

You will find **the Butterfly Appeal** leaflet enclosed with this newsletter. Please do read it and think about how you might like to get involved.

Now for the details of **the Butterfly Appeal** launch. It will be held on Wednesday September 28th in Poole at 6.30pm arrival for 7.00pm. It is likely to be concluded by 7.45pm. Please complete the 'request for invitation' form enclosed with this newsletter. Because of space availability, we are not able to offer an open invitation, but please do complete the enclosed request and we will guarantee you an invitation for 2 persons. Our regional press, TV and Radio will be invited too. One of our new Patrons, ITV's Formula 1 TV presenter Louise Goodman has already committed to be with us, and is looking forward to meeting you. See Louise's website on www.louisegoodman.com

The key message is that we need the £250,000 in order to:

Purchase a small property very near Poole Hospital in which to provide

- **The new surgical practice suite**
- **A state of the art medical research support facility**
- **A reception and meeting room for patients and families**
- **Short-term accommodation for visiting trainee surgeons**
- **An About Face fundraising and admin office**

Newly appointed Chairman of About Face Mervyn Bright is looking forward to getting the new Appeal underway. He said *"For over 10 years we have tried hard with very limited resources to be there for people with head and neck cancer. Whilst we have this window of opportunity to offer so much more – let's take it now, and with the commitment of the whole community, offer our new, permanent About Face Centre to the people who need it most."*

We are assembling a fundraising team of volunteers, some of whom are former patients, some with business and community fundraising skills or experience, and some who can offer warm introductions to contacts who can help us to reach our £250,000 goal as soon as possible. If you have an idea, a personal contact and would like to discuss this with me – please don't hesitate. I'm on 01202 733300, 07917 400933, or by emailing ian@baldeaglecommunications.co.uk

May I thank you in advance for all you are about to do to make **the Butterfly Appeal** flourish whilst I'll do my best to make it fulfilling and fun!

Ian Catley, Director, **the Butterfly Appeal** for About Face

SOURCES OF SUPPORT

by H. Frank Smith

Lewis-Manning House – “Holistic care of the patient and family”

In the second of our series on organisations helping people living with cancer we feature one local to Poole. The Lewis-Manning House Day Care Hospice, to give it its full title, is based on a large, peaceful hilltop house in the Lilliput area of the town. Around one third of its costs are met by Poole Primary Care Trust but it also has four charity shops, manned by volunteers, in Poole, Parkstone, Westbourne and Winton, mainly for donated goods. It has opened a furniture-recycling venture with the Borough of Poole Social Services. It also depends on Corporate support, payroll giving, legacies and special fundraising events. The latter include sponsored walks, summer fêtes, fashion shows etc, and a celebrity cricket match has been played, featuring cast members from the TV series “The Bill” and “Emmerdale”.

It is named after Majorie Lewis-Manning who raised £3 million for two body scanners in Poole Hospital. On her death in 1987 she left her home and estate to be used as a hospice for people with cancer. This has links with Macmillan Nurses and cancer specialists and is supported by GPs and District Nurses. It is lively and welcoming, with wheelchair access to the landscaped grounds. Volunteer drivers can provide transport if necessary. It offers day care including pain relief,

physio- and complementary therapies, practical help with such activities as bathing and diversional therapies such as painting and gardening. It offers a specialist service for lymphoedema or limb swelling and has a breathlessness clinic. It provides temporary respite for home carers and offers support for the family and friends of patients. It is the only voluntary specialist centre offering palliative care in the Poole area and supports some 600 local people yearly who are living with a life threatening illness yearly.

Patients are referred by any health care professional and a home assessment of their needs is made in the first instance. An informal visit to the House follows and patients opting for care are offered a specific weekday per week, to spend the time from 10am-4pm on the premises. This time is for them to use as they wish but all the services mentioned are at their disposal, including that of a creative artist. For some, one of the highlights is a special lunch cooked by the resident chef.

The House also runs training courses for professionals. Its own clinical and administrative team is quite small and depends heavily on volunteers for its services.

It can be contacted at **Lewis-Manning House, 1, Critchel Mount, BH14 8LT, tel. 01202 708470, fax 01202 701 890.** Its e-mail address is [enquiries@lewis-manning.co.uk/](mailto:enquiries@lewis-manning.co.uk) and its website is at www.lewis-manning.co.uk/ It is an independent registered charity, No. 293960.

DID YOU KNOW . . .

that if you are disabled and have difficulty in using equipment – medical or domestic – you can call on the services of a voluntary engineer from the local **REMAP** panel to recommend and carry out the necessary adaptations or to even design the equipment for you?

REMAP is a national charitable organisation and may be contacted through Mr David Saunders, 2 St John’s Close, Wimborne Minster BH21 1LY (Tel: 01202 882022). We are always willing to arrange a speaker for your Club or Society.

Often secretaries have difficulty in finding speakers for their groups or societies; you could try . . .

MJB PRODUCTIONS

Which specialises in audio-visual travel programmes of less frequented places such as **Greenland, Alaska, Newfoundland, China, St. Helena, Zimbabwe and Antarctica;** or popular destinations such as **America, New Zealand** – or even “home” tours such as the **Thames Valley.**

Each show lasts up to between one and one-half hours, the charge is between £20 and £25 per visit.

Details from: Margaret Bright, 4 Hatherden Avenue, Parkstone, Poole BH14 0PJ (Tel: 01202 722123)

THANK YOU NICHOLETTE

At our recent A.G.M. we reluctantly accepted the resignation of our Chairman – Nicholette Flatman – because of her increased family commitments and also due to her move away from the area.

Nicholette has been invaluable to About Face since she first joined as a committee member in September 1999 and eventually as Chairman in April 2002. Her first contribution to the Charity came in memory of her mother, in the form of a library of technical books for the Maxillofacial Dept. at Dorchester, then latterly further books when Nicholette's father died. At other times she has persuaded friends and relatives to run events such as a "Strawberry Tea" in Dorset, and assisted in the running of Fashion Shows and Table Top sales, etc, etc. All too numerous to mention!

Nicholette is not severing her connections with About Face and will remain on the Committee, but at this stage we would like to give her our sincere thanks for all her work with us and wish her every happiness in her new sphere.

YOUNG SUPPORTERS IN THE NEWS

One of our youngest supporters, Luke Dale (son of Amanda Dale, formerly our office administrator) has achieved his first solo gliding flight at Lasham Gliding Society on his sixteenth birthday. Congratulations to Luke for his enterprise and good wishes to his sister Alice, one of our Millennium Volunteers, as she will soon be embarking on her chosen career of Midwifery.

TIME FOR A SMILE

A snail went into a motor showroom and ordered a new Aston Martin. He asked to have a large S painted on each door. When asked why he said, "When I wizz by, I want people to say, Gee, look at that S car go!"

Things are verse in the NHS
(or "From Bed to Verse?")

Tony Blair visits a Scottish hospital ward full of patients who have no obvious signs of injury or illness. He greets the first patient, who responds,

*"Wee sleekit, cowerin' timrous beastie,
Thou needna start awa sae hastie
Wi bickering brattle."*

Now alarmed, he turns to the doctor accompanying him and asks if this is a mental ward. "No", replies the doctor. "This is the Serious Burns Unit."

DONATIONS

The Trustees much appreciate the valuable support given to About Face with the generous donations from the following –

	£
Ann Wheaton	20.00
Mrs. McRobie	150.00
L. Keefe (for Eric Keefe, deceased)	170.00
Tatnam Fashions	250.00
Mayer and Mayer	20.00
Verwood Ladies Group	10.00
Dorothy Holmes Trust	350.00
Broadstone Luncheon Club	500.00
Humanist Society	200.00
Amanda Dale	5.00
Inner Wheel of Ferndown	1500.00
Ashley Lodge (from James Adair whose mother-in-law was a patient)	2000.00
Alliance and Leicester	750.00
Norman Rayment, deceased	9185.40

Inner Wheel (Ladies) Ferndown

Mr. Ilankavan accompanied by Mavis Dale was invited to attend the Inner Wheel A.G.M. at Hamworthy Engineering Club. The retiring chairman Mrs Maureen Nicholson presented a cheque to Mr Ilankavan for £1500 who thanked the ladies, making a short speech to explain our aims for the future.

Southbourne Ladies Group

Mavis attended a meeting of this group and gave a talk on About Face. A very pleasant evening was enjoyed – rounded up by strawberries and cream – and the gift of a cheque for £230.

Lytchett Matravers Coffee Morning

Mrs Cox, one of our earlier members who has previously made many contributions to About Face, recently held a Coffee Morning at her home in Lytchett Matravers. It was a very chilly day but it was attended by a stalwart band of supporters who braved the elements.

FEATURES OF OUR PROJECT WORK

Here are two more of the views in the framed photographs donated by About Face for display in the waiting room and wards at Poole and Dorchester Hospitals.

The Cobb, Lyme Regis.



Durdle Door.



From the Editor.

We hope that from this issue readers will note how active the group has become and your support as a member will help us to sustain this activity. We would enjoy your participation in the social events in a really friendly atmosphere. Let us have your reminiscences, stories, jokes or poems for our future newsletters.

Contact the **Editor c/o Administration Office,**
4, Hatherden Avenue, Poole, BH14 OPJ, Tel 01202 721021
e-mail: contact@about-face.info or www.about-face.info

Membership Application Form

Name Mr/Mrs/Miss (etc)

Address

Telephone (Day) (Evening)

E-mail (if you wish us to contact you by that means)

Patient/Carer/Family Member/Other (please specify)



Please send the completed form with your subscription for 2005 (£5) to the **Membership Secretary** at 4 Hatherden Avenue, Parkstone, Poole BH14 OPJ

ABOUT FACE IN 2005 – Annual General Meeting

The Annual General Meeting of About Face was held at Four Ways, Constitution Hill Road, Parkstone, Poole on 18th May 2005 with the election of Mervyn Bright as Chairman of Trustees following Nicholette Flatman. A tribute to Nicholette for the service she has given to the Charity over the years is recorded elsewhere in this issue. All the remaining Trustees were re-elected with acclamation.

The yearly financial accounts were presented after which the project to raise funds for the proposed medical library and study centre was the main topic for discussion. Progress of this venture will be reported in future newsletters.

The evening was not all about the business of the Charity. Refreshments were provided and members and friends were entertained by an audio-video entitled **“Newfoundland and Beyond”** presented by Margaret Bright. This raised particular interest because of its close associations with Poole, due to the once thriving cod fishing industry which made fortunes for many Poole merchants, responsible for the impressive buildings around the town. Some excellent photography in the production of the video took us on a pictorial journey of the country enhanced by the musical background, and accompanied by an informative commentary from Margaret and Mervyn. They had also gathered much information about the polar bears they had photographed in the Hudson Bay region and from this video we learned a lot about the habits and antics of polar bears in their natural surroundings.

